



Oakdale Obstetrics  
& Gynecology

CERTIFIED  
NURSE  
MIDWIVES

PREGNANCY,  
LABOR & DELIVERY,  
WELL-WOMAN CARE

# About Our Nurse Midwives

At Oakdale ObGyn, you have the option to work with a certified nurse midwife (CNM). Nurse midwives are advanced practice nurses who bring specialized education and training in obstetrics and gynecology.



Nurse midwives believe in an individualized, holistic, non-interventional approach to care. They believe pregnancy is a normal body process, and encourage patients and family members to be active participants in health care decisions. Midwives provide you with support to achieve the birth experience that you desire. Make an appointment and see if midwifery care is right for you.

## PREGNANCY CARE

Our nurse midwifery team offers an array of pregnancy services and is available on-site at Maple Grove Hospital 24 hours-a-day. In addition, we have an on call physician on-site 24 hours-a-day to offer support to our midwives should a need arise.

Our nurse midwives help you to get a healthy start to motherhood by providing education and support throughout your journey.

- [Pregnancy care](#)
- [Healthy pregnancy education and counseling](#)
- [Labor and delivery at Maple Grove Hospital](#)
- [Vaginal birth after cesarean \(VBAC\)](#)
- [General well-woman care](#)

## WELL-WOMAN CARE

CNMs provide a range of women's health care services, from the teens through adulthood. These services include:

- [Annual exams](#)
- [Problem-focused health concerns, such as vaginal infections](#)
- [Preconception counseling and birth control](#)

CNMs also prescribe medications, order and interpret labs and diagnostic tests. They promote healthy lifestyles, disease prevention, and wellness counseling.